CONTENTS

Chapter no.	Title	Page no.
	Certificate of Declaration	
	Certificate of Originality	
	Acknowledgements	
	Contents	
	List of tables	
	List of figures	
	List of Appendices	
1.	**INTRODUCTION**	**1-38**
1.1	Meaning of Conflict	
1.2	Concept of conflict	
1.3	Aspects of Conflict	
	1.3.1 Psychological	
	1.3.2 Political	
	1.3.3 Political dimension of Conflict in Kashmir	
	1.3.4 Social	
1.4	Characterizing Conflict	
1.5	Present Conflict Scenario	
1.6	Conflict & Youth	
1.7	Impact of conflict on youth	
1.8	Jammu & Kashmir Conflict	
1.9	Impact on Mental health	
1.10	Impact on Education 1.10.1 Conflict affects academic activities 1.10.2 Snapping of internet services affects academic achievement 1.10.3 Conflict decreases aspiration level of students	
1.11	Social impact of Militancy	
1.12	Factors responsible for frustration among graduate students	
	1.12.1 Frequent shutdowns	

1.12.2 Incompletion of syllabus
1.12.3 Postponed exams and re scheduling of date sheets
1.12.4 Delay in recruitments
1.12.5 Lack of Industrial setup and unemployment
1.12.6 Migration
1.13 Psychological well-Being
1.14 Theories of well-being
1.14.1 Hedonistic Theory
1.14.2 Eudemonic Theory
1.15 Bio Psychosocial Model
1.16 Academic performance
1.17 Factors responsible for Academic Performance
1.18 Significance of the study
1.19 Statement of the problem
1.20 Variables of the study
1.20.1 Independent variables
1.20.2 Dependent Variables
1.21 Operational Definitions of Key Terms
1.21.1 Dependent variables
1.21.2 Psychological well-being
1.21.3 Academic Performance
1.21.4 Graduate Students
1.22 Objectives
1.23 Hypotheses
1.24 Delimitations
End Notes

2. REVIEW OF RELATED LITERATURE 39-78
2.1. Review related Conflict Driven Frustration
2.2. Review related Psychological well-being
2.3. Review Related Academic performance
2.4. Research gap
2.5. Analysis of Review of Related Literature
End Notes

3.	**PLAN AND PROCEDURE**	**79-102**
3.1.	Research method	
3.2.	Population	
3.3	Selection of the sample	
3.4	Variables studied	
3.5	Selection of the tool 3.5.1 Description of Conflict Driven Frustration scale 3.5.2 Need to develop Conflict Driven Frustration Scale 3.5.3 Evaluation of tool validity 3.5.4 Reliability of the Conflict Driven Frustration Scale	
3.6	Description of Psychological Well-being scale 3.6.1 Reliability 3.6.2 Validity	
3.7	Challenges faced during data collection	
3.8	Processing of data	
3.9	Handling ethical issues during data collection	
3.10	Conclusion *Endnotes*	
4.	**ANALYSIS AND INTERPRETATION OF DATA**	**103-116**
4.1	Regression	
4.2	Correlation	
5.	**FINDINGS, DISCUSSION, SUGGESTIONS AND RECOMMENDATIONS**	**117-126**
5.1.	Major Findings	
5.2.	Discussion	
5.3.	National importance of the study	
5.4.	Educational implications	
5.5.	Suggestion for Further research	
	Summary	**127-164**
	Bibliography	**165-178**
	Abstract in English and Hindi	
	Appendices	