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ORIGINAL ARTICLE

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## Hydroethanolic leaf extract of *Acacia auriculiformis* exhibited antidiabetic and antioxidant activities

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### ABSTRACT

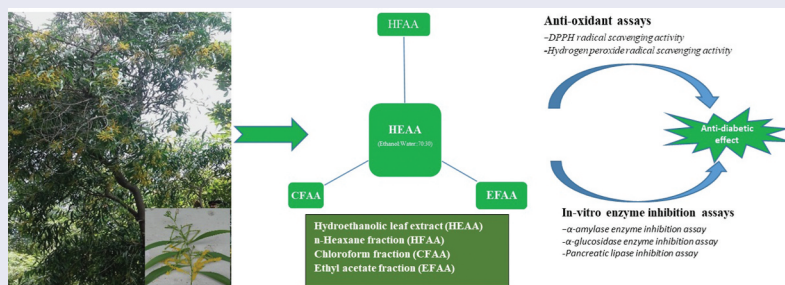
*Acacia auriculiformis* A. Cunn. Ex. Benth (family: Fabaceae) is traditionally used as a folk remedy for diabetes in Central Africa. The present study was intended to evaluate the antioxidant and enzyme inhibitory potential of hydroethanolic leaf extract (HEAA) and its fractions (n-hexane, chloroform and ethyl acetate) at different concentrations (100–500 µg/ml) to justify its role in diabetes. The leaf extract (HEAA) and its ethyl acetate fraction (EFAA) showed maximum scavenging effect ( $60.43 \pm 0.11$ ,  $50.87 \pm 0.31$ ) at 500 µg/ml, respectively. However, in enzyme inhibitory assays, the HEAA extract and EFAA among the fractions exhibited maximum inhibition against  $\alpha$ -amylase ( $61.69 \pm 0.05$ ,  $53.87 \pm 0.33$ ),  $\alpha$ -glucosidase ( $63.34 \pm 0.12$ ,  $58.46 \pm 0.90$ ) and pancreatic lipase ( $51.77 \pm 0.15$ ,  $49.87 \pm 0.31$ ), respectively, at 500 µg/ml when compared with standard. The  $IC_{50}$  values of HEAA and EFAA against  $\alpha$ -amylase (3.35 and 4.48, respectively),  $\alpha$ -glucosidase (3.36 and 4.04, respectively) and pancreatic lipase (4.47 and 5.07, respectively) are also significant. The results suggest that HEAA possesses good antioxidant and enzyme inhibitory potential, which in turn might be responsible for its antidiabetic effect.

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This article has been corrected with minor changes. These changes do not impact the academic content of the article.

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## Introduction

Being a metabolic disorder, DM is characterized by hyperglycemia linked with some macro- and microvascular complications [1]. It is reported to influence around 463 million adults globally in 2019 and is anticipated to increase to 700 million by 2045 [2]. According to the WHO, diabetes has been spreading promptly in low- to middle-income countries and is majorly responsible for blindness, myocardial infarction and kidney failure. In April 2021, a global project launched by the WHO aimed at long-term advancement in the prevention and cure of diabetes mellitus, especially in low- and middle-income countries [3]. DM is categorized into two classes: Type 1 and Type 2. In T1DM, there is insufficient production of insulin due to the devastation of pancreatic  $\beta$ -cells, while T2DM is manifested by malfunctioning insulin secretion in the pancreatic  $\beta$ -cells or by insulin resistance leading to hyperglycemia [4]. The formation of free radicals or reactive oxygen species ordinarily takes place inside the cells when supplied with high blood glucose, which, in turn, can damage cellular macromolecules such as lipids, nucleic acids and proteins, ultimately advancing toward diabetes and the furtherance of its associated problems [5]. Antioxidants prevent damage to  $\beta$ -cells by preventing the peroxidation chain reaction and, thus, provide defense against the progression of diabetes [6]. Plants have been widely acknowledged as natural antioxidative agents [7,8]. Thus, the free radical scavenging natural product therapy can prove a beneficial therapeutic tactic in diabetes control.

There are several therapeutic approaches in the management of DM for reducing the postprandial hyperglycemia by inhibiting carbohydrate-hydrolyzing enzymes, such as  $\alpha$ -amylase and  $\alpha$ -glucosidase [9,10].  $\alpha$ -Amylase, a digestive enzyme generally found in saliva and functional only in the presence of calcium, is also known as a carbohydrate digesting enzyme as it causes the conversion of polysaccharides into

monosaccharides and increases glucose absorption in the blood vessels [11]. Another enzyme, namely  $\alpha$ -glucosidase, usually found in the brush borders of the small intestine, escalates blood glucose levels by breaking down starch into disaccharides. Inhibition of these carbohydrate hydrolyzing enzymes leads to a decrease in postprandial hyperglycemia by inhibiting glucose absorption. Obesity is also one of the main causes of diabetes mellitus as higher fatty acids and lipids lead to insulin resistance. Pancreatic lipase is the main lipid enzyme responsible for hydrolyzing dietary fat molecules, converting triglycerides into monoglycerides and free fatty acids [12]. The inhibition of the lipase enzyme delays the lipolytic process and, thus, decreases the lipid absorption and ultimately leads to restoring insulin production from  $\beta$ -cells and protecting the pancreas [13]. Acarbose and voglibose are commercially available enzyme inhibitors, but they have some serious side effects like gastrointestinal bloating, abdominal discomfort, diarrhea and flatulence [14,15]. On the other hand, plant-based remedies are economic, safe, and free from toxic or side effects. Thus, traditional medicines, especially medicinal plants, could have been a vital source of future drugs for controlling DM [16]. Numerous plants have been reported in the literature for having enzyme inhibition mechanisms such as  $\alpha$ -amylase,  $\alpha$ -glucosidase, DPP-IV and pancreatic lipase inhibition [17–19] and thus exhibit antidiabetic activity. Therefore, regulation of the action of the enzyme by plant-based constituents may be one of the most effective tools to control T2DM.

*Acacia auriculiformis* A. Cunn. Ex. Benth (family: Fabaceae) is commonly known as Australian babool or earpod wattle [20]. It is enriched with carbohydrates like glucuronic acid, methyl glucuronic acid, galactose, L-rhamnose and arabinose, and seeds contain saponins, mainly, proacaciaside-I and proacaciaside-II [21] and Acaciaside-A and Acaciaside-

B and flavonoids, namely, (-)-teracacidin and (-)-isoteracacidin [22]. This plant has been reported to possess several biological activities, namely, antimutagenic and chemopreventive [23], antidiabetic [24,25], antimalarial [26] and antiulcer [27] activities. Traditionally, the leaves of plants have been used in the management of diabetes by local healers in the Gabon district of Central Africa [28]. Till now, there is no *in vitro* antidiabetic activity performed on the leaf extract of the plant. Thus, the present study aimed to assess the *in vitro* enzyme inhibitory along with antioxidant assay of *A. auriculiformis* hydroethanolic leaf extract and its fractions to elucidate their role in diabetes.

## Materials and methods

### Chemicals and reagents

The chemicals and reagents used in this study, namely  $\alpha$ -amylase, dimethylsulphoxide, 2,4-dinitrophenyl salicylic acid, disodium hydrogen phosphate, di-potassium hydrogen phosphate, *p*-nitrophenyl- $\alpha$ -D-glucopyranosyl, potassium dihydrogen phosphate, sodium dihydrogen phosphate, sodium potassium tartrate, starch and 96-well microplates were procured from Himedia, whereas, acarbose,  $\alpha$ -glucosidase, orlistat, *p*-nitrophenyl butyrate and pancreatic lipase were purchased from Sigma Aldrich. All other chemicals used in the study were of standard quality.

### Identification of plant material

The fresh leaves of *Acacia auriculiformis* were collected from the campus Botanical Garden of Kurukshetra University, Kurukshetra (29°57' 28"N 76°48'57"E) in August 2018 and authenticated from NISCAIR, Delhi where a voucher specimen (No.: NISCAIR/RHMD/Consult/2018/3259-60) is available for further reference.

### Preparation of extract and fractions

After shade drying, the coarsely powdered leaves were extracted with hydroethanolic (water: ethanol: 30:70) in the soxhlet apparatus (approximately 72 h). The hydroethanolic leaf extract of *Acacia auriculiformis* (HEAA) solution was filtered and concentrated using Heidolph rotary evaporator (Model-4011, USA) to yield 82.45 g (8.2% w/w). About 50 g of HEAA extract was then fractionated with various solvents in the sequence of increasing polarity, e.g. n-hexane, chloroform and ethyl acetate, to ensure fractionation of active constituents, respectively. Each fraction was separately concentrated to dryness using a rotary evaporator to yield n-hexane (HFAA, 3.84% w/w), chloroform (CFAA, 22.12% w/w) and ethyl acetate (EFAA, 58.12% w/w) fractions, respectively. All the fractions were tightly packed and stored in the refrigerator at 4°C.

### Preliminary phytochemical screening

An aliquot of the prepared leaf extract and its fractions were treated with different chemical reagents (namely Dragendorff/Mayer reagent test for alkaloids, Molisch test for carbohydrates, Borntrager/Keller Kilani/Legal's test for glycosides, Shinoda test for flavonoids, foam test for saponins, Salkowski/Liebermann Burchard test for steroids and ferric chloride test for tannins) to ascertain the presence of main phytoconstituent classes according to the reported methods [29].

### In vitro antioxidant assay

#### DPPH radical scavenging activity

Being a stable free radical, DPPH forms 1,1-diphenyl-2-picryl hydrazine due to which it turns yellow. In the present study, the procedure of the DPPH radical scavenging assay was followed as per the reported method [30]. The percentage scavenging of the hydroethanolic leaf extract, its fractions, and standard (ascorbic

acid) at concentrations of 100, 200, 300, 400 and 500 µg/ml was measured at 517 nm on UV-visible spectrophotometer. The results obtained were expressed as the percentage inhibition and calculated by using the below formula:

$$\text{Percent inhibition of DPPH} = [(A_{\text{control}} - A_{\text{sample}})/A_{\text{control}}] \times 100,$$

$A_{\text{control}}$  – absorbance of the DPPH solution without the sample.

$A_{\text{sample}}$  – absorbance of the DPPH solution with the sample.

### **Hydrogen peroxide radical scavenging activity**

Hydrogen peroxide produced by several oxidase enzymes in the body scavenges through its reduction product hydroxyl radical (OH). In this procedure, when the sample was incubated with hydrogen peroxide, the decay or loss of hydrogen peroxide was estimated. All the samples (hydro-ethanolic leaf extract, fractions and ascorbic acid) at different concentrations (100–500 µg/ml) were measured spectrophotometrically at 230 nm as per the reported method [31]. The percentage inhibition of hydrogen peroxide free radical was estimated by the following formula:

$$\text{Percent inhibition (\%)} = [(A_{\text{control}} - A_{\text{sample}})/A_{\text{control}}] \times 100,$$

where  $A_{\text{control}}$  and  $A_{\text{sample}}$  denote the absorbance of control and sample, respectively.

### **In vitro enzyme inhibition assays**

#### ***α-Amylase enzyme inhibition assay***

The inhibitory effects of extract (HEAA) and different fractions (HFAA, CFAA and EFAA) were investigated at varying concentrations (100–500 µg/ml) and compared with standard, i.e. acarbose following the reported method [32]. All the preparation was made in 0.02 M sodium phosphate buffer solution containing 0.006 mol/L of sodium chloride (pH 6.9). Various dilutions of tests were mixed with 100 µl of  $\alpha$ -amylase and placed in an incubator

at 25°C for 15 min. At that point, 1% starch of pH 6.8 was added (200 µl to each tube and kept in an incubator for 30 min at 37°C). Then, the reaction was stopped by adding 100 µl of 3,5-dinitrosalicylic color reagent and boiled for 20 min. 200 µl of each sample, standard and control was then moved to 96-well microplates and noticed the absorbance at 595 nm on iMark Microplate Reader (BioRad). The absorbance was estimated in triplicate, and the inhibitory action was determined as given below:

$$\text{Percent inhibition (\%)} = Ac - [As - A_0]/Ac \times 100.$$

where  $A_c$ ,  $A_s$  and  $A_0$  signify the absorbance of the control, test with enzyme and test without enzyme, respectively.

#### ***α-Glucosidase inhibition assay***

The impact of the plant extracts and its fractions on  $\alpha$ -glucosidase action was performed as per previously reported method [33]. Phosphate buffer saline (100 mM, pH 6.9) was utilized to set up all arrangements. 95 µl of buffer saline and 25 µl of the enzyme (0.5 U/ml) were added to 96-well microplates. 30 µl of test or standard (acarbose) at different concentrations (100–500 µg/ml) was added and incubated at 37°C for 20 min. Thereafter, 50 µl of 5 mM substrate (p-nitrophenyl- $\alpha$ -D glucopyranoside) was added and again incubated at 37°C for 45 min. Absorbance was estimated at 415 nm on iMark Microplate Reader (BioRad) and taken in a triplicate manner. The results were expressed as mean  $\pm$  standard error of the mean (SEM). The percentage inhibition was determined as given below:

$$\text{Percent inhibition (\%)} = Ac - [As - A_0]/Ac \times 100,$$

where  $A_c$ ,  $A_s$  and  $A_0$  signify the absorbance of the control, test with enzyme and test without enzyme, respectively.

#### ***Pancreatic lipase inhibition***

Pancreatic lipase prevention activity was performed as per the reported method [34]. 0.1 M potassium phosphate buffer with 0.1% tween 80 (pH 7.2) was prepared and loaded into microplate wells followed by the addition of

25  $\mu$ l of porcine pancreatic lipase (1 mg/ml). Thereafter, 30  $\mu$ l of samples or orlistat in different concentrations were added and preincubated at 37°C for 30 min. After the preincubation, p-nitrophenyl butyrate (10 mM, 50  $\mu$ l) was incorporated, further incubated at 37°C for 40 min and assessed spectrophotometrically at 415 nm using iMark Microplate Reader (BioRad). The observations were noted in triplicate and expressed as mean  $\pm$  standard error of the mean (SEM). The inhibition was estimated as given below:

$$\text{Percent inhibition (\%)} = \frac{Ac - [As - A_0]}{Ac} \times 100,$$

where Ac, As and  $A_0$  demonstrate the absorbance of the control, test with enzyme and test without enzyme, respectively.

**Statistical analysis.** All observations were done in triplicate, and the results were expressed as mean  $\pm$  standard error of the mean (S.E.M.). The  $IC_{50}$  values were also calculated by using linear regression analysis equation, i.e.  $y = mx + c$ , where y is the percentage activity (equals to 50), m is the slope, x is the concentration and c is the intercept.

## Results

### Phytochemical screening

Phytochemical screening confirmed the presence of flavonoids, saponins and steroids as main constituents in HFAA and EFAA, whereas flavonoids were absent in CFAA.

### Antioxidant activity

#### DPPH and $H_2O_2$ radical scavenging activity

Determining the free radical scavenging activity of sample depends on the general searching impacts of DPPH and  $H_2O_2$  radicals and is one of the routinely followed antioxidant assays as these techniques are considered rapid, simple and most convenient. Results of the DPPH assay indicate a concentration-dependent rise in the free radical scavenging effect of the extract (HEAA) and all its

fractions when compared with ascorbic acid taken as standard (Table 1). HEAA shows maximum scavenging activity, i.e.  $60.43 \pm 0.11$  at 500  $\mu$ g/ml concentration with  $IC_{50}$  value of 4.06  $\mu$ g/ml, whereas the fractions possess scavenging activities in the order, i.e. EFAA ( $50.87 \pm 0.31$ ) > CFAA ( $21.68 \pm 0.27$ ) > HFAA ( $14.74 \pm 0.24$ ), respectively, at the same concentration. The HEAA represents an  $IC_{50}$  value of 4.91  $\mu$ g/ml. Similarly, in the  $H_2O_2$  free radical scavenging assay, HEAA exhibited maximum ( $64.89 \pm 0.12$ ) hydrogen peroxide radical scavenging activity with an  $IC_{50}$  value of 3.63  $\mu$ g/ml as compared to other fractions. The fractions showed lesser scavenging activity than extract in the order: EFAA ( $59.87 \pm 0.31$ ) > CFAA ( $24.58 \pm 0.27$ ) > HFAA ( $19.74 \pm 0.24$ ). Here also, EFAA represents a significant  $IC_{50}$  value of 4.26  $\mu$ g/ml. Results of the *in-vitro* antioxidant assay show that HEAA and EFAA represent higher radical scavenging activity as compared to other fractions and may possess good antioxidant properties.

**Table 1.** Free radical scavenging activities of *A. auriculiformis* leaf extract/fractions.

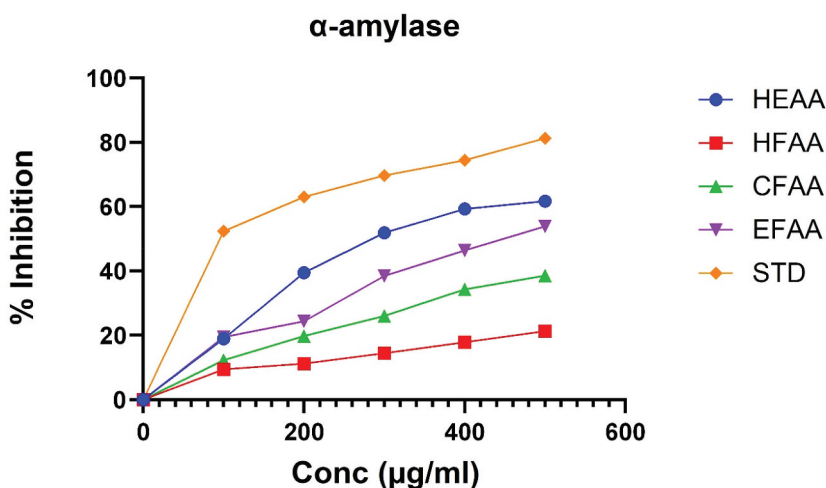
Sample	Conc. of sample ( $\mu$ g/ml)	DPPH free radical scavenging (%)	$H_2O_2$ free radical scavenging (%)
HEAA	100	$14.51 \pm 0.13$	$19.67 \pm 0.06$
	200	$24.54 \pm 0.15$	$31.41 \pm 0.24$
	300	$39.72 \pm 0.22$	$46.44 \pm 0.18$
	400	$48.91 \pm 0.10$	$52.17 \pm 0.05$
	500	$60.43 \pm 0.11$	$64.89 \pm 0.12$
HFAA	100	$00.75 \pm 0.14$	$04.53 \pm 0.38$
	200	$04.37 \pm 0.09$	$10.20 \pm 0.17$
	300	$09.64 \pm 0.17$	$13.73 \pm 0.63$
	400	$12.35 \pm 0.19$	$15.85 \pm 0.32$
	500	$14.74 \pm 0.24$	$19.74 \pm 0.24$
CFAA	100	$01.18 \pm 0.07$	$0.93 \pm 0.23$
	200	$03.18 \pm 0.34$	$07.98 \pm 0.29$
	300	$09.05 \pm 0.09$	$11.84 \pm 0.38$
	400	$16.26 \pm 0.15$	$19.06 \pm 0.74$
	500	$21.68 \pm 0.27$	$24.58 \pm 0.27$
EFAA	100	$10.47 \pm 0.25$	$19.47 \pm 0.41$
	200	$15.48 \pm 0.13$	$28.18 \pm 0.16$
	300	$26.85 \pm 0.21$	$34.75 \pm 0.20$
	400	$42.71 \pm 0.19$	$45.61 \pm 0.84$
	500	$50.87 \pm 0.31$	$59.87 \pm 0.31$
Standard (Ascorbic acid)	100	$83.98 \pm 0.047$	$81.97 \pm 0.051$
	200	$84.70 \pm 0.047$	$83.43 \pm 0.051$
	300	$85.93 \pm 0.047$	$85.52 \pm 0.051$
	400	$87.46 \pm 0.047$	$88.81 \pm 0.051$
	500	$90.05 \pm 0.047$	$90.23 \pm 0.051$

All readings were taken in triplicate and represented as %  $\pm$  SEM.

**Table 2.** Enzyme inhibition by *A. auriculiformis* leaf extract and its fractions.

Samples	Conc. of sample ( $\mu\text{g}/\text{ml}$ )	Percentage inhibition		
		$\alpha$ -Amylase	$\alpha$ -Glucosidase	Pancreatic lipase
HEAA	100	18.96 $\pm$ 0.00	12.91 $\pm$ 0.13	13.68 $\pm$ 0.09
	200	39.45 $\pm$ 0.18	28.63 $\pm$ 0.16	23.40 $\pm$ 0.10
	300	51.87 $\pm$ 0.16	45.77 $\pm$ 0.22	35.67 $\pm$ 0.02
	400	59.30 $\pm$ 0.31	56.27 $\pm$ 0.09	49.86 $\pm$ 0.05
	500	61.69 $\pm$ 0.05	63.34 $\pm$ 0.12	51.77 $\pm$ 0.15
HFAA	100	09.45 $\pm$ 0.04	06.38 $\pm$ 0.14	04.75 $\pm$ 0.50
	200	11.21 $\pm$ 0.09	12.63 $\pm$ 0.09	09.37 $\pm$ 0.31
	300	14.45 $\pm$ 0.12	16.07 $\pm$ 0.17	12.64 $\pm$ 0.40
	400	17.88 $\pm$ 0.13	19.21 $\pm$ 0.19	16.35 $\pm$ 0.57
	500	21.32 $\pm$ 0.24	25.32 $\pm$ 0.47	19.74 $\pm$ 0.32
CFAA	100	12.33 $\pm$ 0.07	25.15 $\pm$ 0.23	1.33 $\pm$ 0.19
	200	19.78 $\pm$ 0.31	28.34 $\pm$ 0.17	7.18 $\pm$ 0.34
	300	26.05 $\pm$ 0.15	36.47 $\pm$ 0.65	11.05 $\pm$ 0.09
	400	34.26 $\pm$ 0.05	39.08 $\pm$ 0.37	18.26 $\pm$ 0.15
	500	38.58 $\pm$ 0.29	40.87 $\pm$ 0.42	27.68 $\pm$ 0.27
EFAA	100	19.47 $\pm$ 0.45	18.73 $\pm$ 0.10	14.28 $\pm$ 0.76
	200	24.39 $\pm$ 0.23	31.87 $\pm$ 0.28	25.26 $\pm$ 0.58
	300	38.45 $\pm$ 0.31	39.60 $\pm$ 0.13	31.85 $\pm$ 0.21
	400	46.40 $\pm$ 0.19	50.19 $\pm$ 0.74	39.71 $\pm$ 0.36
	500	53.87 $\pm$ 0.33	58.46 $\pm$ 0.90	49.87 $\pm$ 0.31
Standard (acarbose for $\alpha$ -amylase and $\alpha$ -glucosidase assays; orlistat for pancreatic lipase assay)	100	52.34 $\pm$ 0.08	42.34 $\pm$ 0.10	45.38 $\pm$ 0.07
	200	63.03 $\pm$ 0.04	56.93 $\pm$ 0.02	57.19 $\pm$ 0.08
	300	69.71 $\pm$ 0.03	58.71 $\pm$ 0.07	60.45 $\pm$ 0.30
	400	74.49 $\pm$ 0.10	62.49 $\pm$ 0.05	73.05 $\pm$ 0.02
	500	81.26 $\pm$ 0.07	79.23 $\pm$ 0.15	81.74 $\pm$ 0.04

All readings were taken in triplicate and represented as %  $\pm$  SEM.



**Figure 1.** Percentage inhibition of hydroethanolic extract of *A. auriculiformis* (HEAA) and its fractions against  $\alpha$ -amylase.

## Antidiabetic activity

### Inhibition of $\alpha$ -amylase, $\alpha$ -glucosidase and pancreatic lipase

The results of the inhibitory effect of the extract and its fractions on  $\alpha$ -amylase and  $\alpha$ -glucosidase enzymes were compared with acarbose (Table 2; Figure 1) and revealed a dose-dependent inhibitory effect on both enzymes. The  $IC_{50}$  values of all the fractions, as well as the extract of AA, are given in Table 3. The hydroethanolic extract (HEAA) exhibited maximum inhibition against  $\alpha$ -amylase, i.e.  $61.69 \pm 0.05$ , whereas among fractions, ethyl acetate fraction (EFAA) showed maximum  $\alpha$ -amylase inhibition ( $53.87 \pm 0.33$ ) at 500  $\mu$ g/ml compared with standard. In the  $\alpha$ -

glucosidase inhibition method, HEAA showed a significant inhibitory effect ( $63.34 \pm 0.12$ ) in a dose-dependent manner (Table 2; Figure 2). Among the fractions, EFAA ( $58.46 \pm 0.90$ ) produced more inhibition than CFAA ( $40.87 \pm 0.42$ ) at all concentrations followed by HFAA ( $36.24 \pm 0.18$ ).

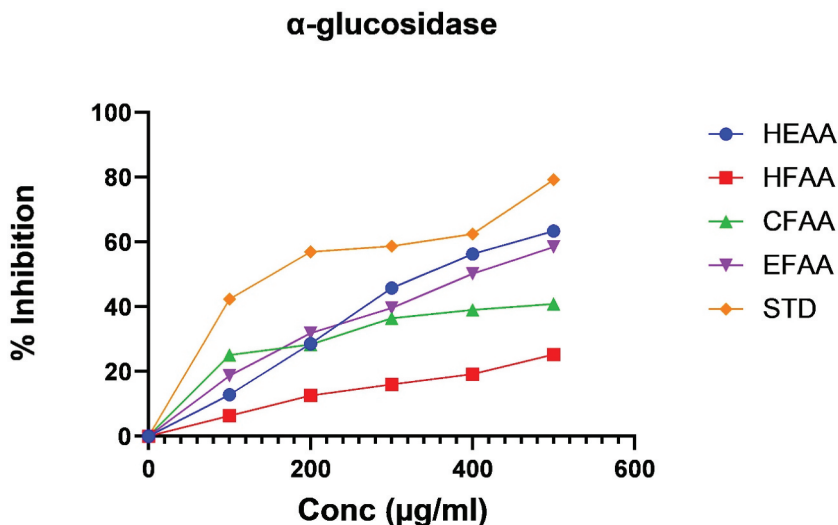
In the pancreatic lipase method, the inhibitory effect was observed to be increased with an increase in concentration (Figure 3) with maximum inhibition ( $51.77 \pm 0.15$ ) exhibited by HEAA followed by EFAA ( $49.87 \pm 0.31$ ), respectively, at 500  $\mu$ g/ml and compared with orlistat taken as standard.

## Discussion

Diabetes is a major metabolic disorder in the developing countries of the world. The management of this disease and its complications are displaying a great challenge to the health-care system worldwide. Oxidative stress has been found among one of the factors causing diabetes as it is responsible for increasing the apoptotic processes and activating TLRs. The reduction in both the steps including  $\beta$ -cell neogenesis and

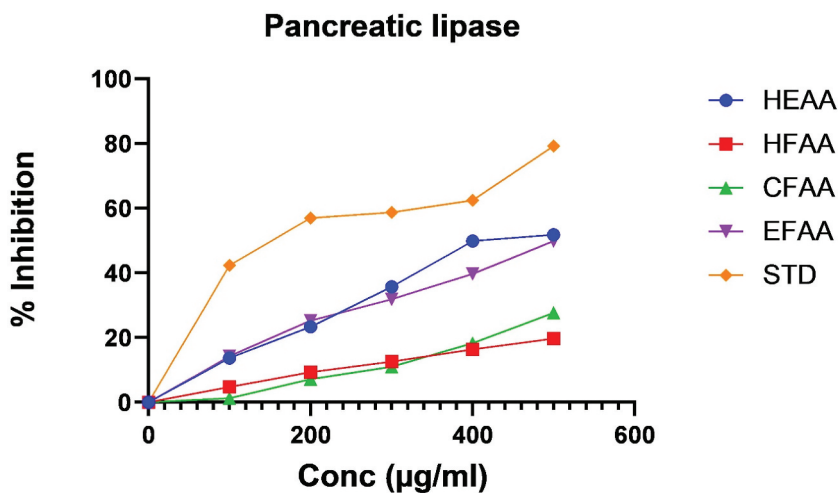
**Table 3.**  $IC_{50}$  value of extract and fractions of *A. auriculiformis*.

Extract/ fraction	$IC_{50}$ values				
	DPPH	H2O2	$\alpha$ - Amylase	$\alpha$ - Glucosidase	Pancreatic lipase
HEAA	4.06	3.63	3.35	3.67	4.47
HFAA	14.57	14.41	14.55	10.66	13.12
CFAA	10.34	9.35	6.55	6.81	8.78
EFAA	4.91	4.26	4.48	4.04	5.07
Standard	1.22	1.34	3.71	4.49	4.21



**Figure 2.** Percentage inhibition of hydroethanolic extract of *A. auriculiformis* (HEAA) and its fractions against  $\alpha$ -glucosidase.





**Figure 3.** Percentage inhibition of hydroethanolic extract of *A. auriculiformis* (HEAA) and its fractions against pancreatic lipase.

metabolic pathways in  $\beta$ -cells causes dysfunction of  $\beta$ -cells, which eventually leads to insulin resistance [35–37]. Free radicals in high concentration also interfere with multiple metabolic pathways like NF- $\kappa$ B, JNK/SAPK, p38 MAPK and hexosamine. These signaling pathways have a very important role in the dysfunction of  $\beta$ -cell [38]. Therefore, the agents with antioxidative potential could be considered an effective tool in the management of diabetes [39]. Plants that are rich sources of antioxidants like flavonoids, tannins, tocopherol and ascorbic acid are used to control diabetes and its complications [40]. Furthermore, an effective approach to regulate diabetes is to inhibit carbohydrate digestive enzymes, which in turn significantly reduces the postprandial hyperglycemia and also minimizes the complications related to diabetes [41]. Several previous investigations have reported the ameliorating effect of medicinal plants such as  $\alpha$ -glucosidase,  $\alpha$ -amylase and pancreatic lipase enzyme inhibitors that can lower the blood glucose levels by decreasing the intestinal assimilation of starches and fats, individually [34,42]. Moreover, it has been reported in several studies that antioxidants derived from plants act as potential  $\alpha$ -amylase and  $\alpha$ -glucosidase inhibitors, thus indicating their great capabilities in the

management of diabetes [43,44]. The  $\alpha$ -amylase inhibition prevents the metabolism of carbohydrates, thus lowering the blood sugar level [11]. Similarly,  $\alpha$ -glucosidase minimizes the glucose absorption rate by delaying carbohydrate metabolism [12]. Increased fat/lipid deposition in obesity causes  $\beta$ -cell apoptosis due to increased level of free fatty acid (FFA) and c-Jun N-terminal kinase (JNK). This leads to insulin resistance in diabetic patients [45]. Pancreatic lipase inhibitors reduce the levels of free fatty acid by inhibiting the lipase enzyme [12]. Hence, plants with inhibitory effects on these enzymes are an attractive pharmacotherapy in the treatment of diabetes. In the present study, free radical scavenging methods (namely, DPPH and  $H_2O_2$  radical scavenging) and *in-vitro* enzyme inhibitory assays ( $\alpha$ -amylase,  $\alpha$ -glucosidase and pancreatic lipase) were performed to investigate the hydroethanolic leaf extract of *A. auriculiformis* and its fractions for their antioxidant potential and enzyme inhibitory effect to justify the role of this plant in diabetes.

In previous studies, *A. auriculiformis* leaf extract is found to contain flavonoids, tannins, terpenoids and polyphenols as the main phytoconstituent classes along with free radical scavenging potential and aligns with our results [24,44].

Furthermore, it is reported that the phenolics and flavonoids present in other plants possess free radical scavenging effects by several mechanisms [6,24]. Preliminary phytochemical screening indicates the presence of phenolic groups in HEAA and EFAA. HEAA showed maximum percentage scavenging activity in comparison to its fractions. Similarly, the ethyl acetate fraction (EFAA) shows a maximum free radical scavenging effect in comparison to other fractions. The  $IC_{50}$  value of HEAA and EFAA is also significant as compared to the other fractions. Since the extract and fractions contain phenolics and flavonoids along with free radical scavenging effects, it can be speculated that the antioxidant potential of this plant may be considered an important property associated with diabetes [46].

$\alpha$ -Glucosidase,  $\alpha$ -amylase and pancreatic lipase inhibition assays revealed a dose-dependent inhibition by hydroethanolic leaf extract (HEAA) as well as the fractions of *A. auriculiformis*, with maximum inhibition observed at higher concentrations, while EFAA showed higher inhibition among all fractions against  $\alpha$ -amylase,  $\alpha$ -glucosidase and pancreatic lipase enzyme. Phenolics have shown  $\alpha$ -amylase,  $\alpha$ -glucosidase and pancreatic lipase enzyme inhibition in previous studies [10,12,24]. Preliminary phytochemical screening confirmed the presence of phenolic constituents like flavonoids in the ethyl acetate fraction of the extract, which could be partially responsible for increased enzyme inhibition. The maximum inhibition of  $\alpha$ -amylase inhibitory activity is shown by the extract (HEAA) and EFAA among the fractions. The HEAA and EFAA show  $61.69 \pm 0.05$  and  $53.87 \pm 0.33$  percentage inhibition at 500  $\mu$ g/ml, respectively, with  $IC_{50}$  value of 3.35 and 4.48  $\mu$ g/ml. Similarly, the pancreatic lipase inhibition model shows that HEAA possesses maximum lipolytic activity in comparison to other fractions. The potency of postprandial antihyperglycemia of the extract might be

derived from the inhibition of  $\alpha$ -amylase and  $\alpha$ -glucosidase enzymes, which in turn could contribute to the antihyperglycemic effect. Other species of this plant have also contributed to treating postprandial hyperglycemia by inhibiting lipase and glucosidase enzymes. In one study, polyphenols obtained from the bark of *Acacia mearnsii* have been reported to possess antidiabetic activity [47]. Hence, the lipase inhibitory effect leading to antidiabetic potentials shown by extract or fractions of *A. auriculiformis* might be because of the presence of phenolics, tannins, saponins and flavonoids in the extract or fraction of the plant.

## Conclusion

In conclusion, hydroethanolic leaf extract of *A. auriculiformis* and its ethyl acetate fraction show maximum antioxidant as well as enzyme inhibitory activities, which could be responsible for their antidiabetic effect. The consequences of the present study have given a hint that the plant leaf contains such chemical constituent(s) that could serve as antioxidative agents as well as inhibitors of  $\alpha$ -glucosidase,  $\alpha$ -amylase and pancreatic lipase enzymes, indicating its therapeutic potential in the management of T2DM and its complications.

## Disclosure statement

No potential conflict of interest was reported by the authors.

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